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By Jan Chozen Bays .pdf**

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Spirituality & Practice How to Train a Wild Elephant and Other Adventures in Mindfulness By Jan Chozen Bays. Jan Chozen

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Would you tame a wild mustang for \$200,000? nat

I would train, and have trained. Participated in the Mustang Million myself with a 4 yr old mare. I am a full time employee outside the home and train in the